

The Renaissance Charter School


May 2024

Cafeteria Lunch Menu

Meal Includes: Meat/Meal Alternate, Grains, Fruit and Milk



Have a great day!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Honey-glazed Chicken Mashed Red Bliss Potatoes Sweet-cut Corn w/Peppers W.W. Bread Bitter Greens Salad Bar Chef's Selection of Fruit Non-fat & 1% Milk	2 General Taos' Chicken Lo Mein Garlic Noodles Asian Blend Vegetables Veggie Spring Roll Kale & Mandarin Salad Bar Chef's Fruit Selection Non-fat & 1% Milk	3 <u>Early Cinco De Mayo</u> Burrito Bowl w/ Meat/Corn/Beans in a Crisp Tortilla Shell Toppings: Sour Cream, Salsa, Cheese, Lettuce, Guacamole Soup of the Day Whole Seasonal Fruit Non-fat & 1% Milk
6 <u>Breakfast for Lunch</u> Colbe Cheddar & Turkey Canadian Bacon Omelet Turkey Sausage Corn Beef Hash Cinnamon Swirl French Toast w/Syrup Turkey Sausage W.W. Toast Diced Melon & Berries Non-fat & 1% Milk	7 Beef Stroganoff w/Wild Mushrooms & Caramelized Onions Egg Noodles with Dill French Green Beans Mixed Greens Salad Bar Whole Fresh Fruit Non-fat & 1% Milk	8 Beef & Broccoli Edamame & Roasted Peppers Wok-stirred Rice Chef Selection of Fruit Bitter Greens Salad Bar Whole Fresh Fruit Non-fat & 1% Milk	9 Assorted Home-style Pizza w/Cheese Pepperoni Potato Gems Pease & Carrots Mesclun Salad Bar Seasonal Fresh Fruit Non-fat & 1% Milk	10 <u>Build a Burger</u> Beef or Veggie Burger Soft Roll Bacon/Lettuce/Tomato/Onion Baked Potato Wedges Cut Yellow Corn Salad Bar Soup of the Day Whole Fresh Fruit Non-fat & 1% Milk
13 Chicken Marsala-style w/Wild Mushrooms & demi glaze Orzo Pasta w/Pesto Cauliflower Polonaise Chopped Romaine Salad Bar Chef's Fruit Selection Non-fat & 1% Milk	14 <u>Taco Tuesday!</u> Seasoned Beef w/Flour Tortilla Blended Cheeses, Refried Beans, Lettuce & Tomato Adobo Rice Seasonal Whole Fruit Non-fat & 1% Milk	15 Crispy Chicken Sandwich on a W.W. Roll Lettuce/Tomato/Onion Roasted Potato Wedge Mixed Green Salad Bar Chef's Fruit Selection Non-fat & 1% Milk	16 Grandma's Meatballs w/Marinara Sauce Penne Pomodoro Broccoli Florets Sonoma Field Greens Salad Bar Seasonal Fruit Non-fat & 1% Milk	17 Chicken Sausage w/Peppers & Onions on a W.W. Roll Italian Vegetable Blend Spinach Salad Bar Soup of the Day Whole Fresh Fruit Non-fat & 1% Milk
20 Carnival-style Beef Corn Dog Lattice - cut Fries Pease & Carrots Mixed Greens Salad Bar Whole Fresh Fruit Non-fat & 1% Milk	21 Chicken Parmesan Farfalla Pasta w/Pesto Broccoli Florets w/Red Peppers Bitter Greens Salad Bar Whole Fresh Fruit Non-fat & 1% Milk	22 Chicken & Cheese Quesadilla Toppings: Guacamole/Sour Cream/Salsa Spanish Rice Shredded Greens Whole Fresh Fruit Non-fat & 1% Milk	23 Meat or Vegetable Lasagna Mediterranean Vegetable Mix Caesar Salad Bar Garlic Bread Seasonal Fresh Fruit Non-fat & 1% Milk	24 <u>Unofficial Start to Summer</u> BBQ Chicken or BBQ Pulled Pork on a W.W. Bun Potato Gems Cole Slaw Potato Salad Soup of the Day Whole Fresh Fruit Non-fat & 1% Milk
27 School Closed  MEMORIAL DAY HONORING ALL WHO SERVED	28 Beef & Lamb Gyro w/ Pita Bread Peppers/Onions/Tomatoes Lemon Rosemary Potatoes Cucumber Salad Bar Tzatziki Sauce Whole Fresh Fruit Non-fat & 1% Milk	29 Mixed Seafood-Stuffed Sole w/Bearnaise Sauce Herb Rice Pilaf Haricot Vert w/Tomato concasse Sonoma Field Greens Salad Bar Chef's Fruit Selection Non-fat & 1% Milk	30 Grilled Chicken Fajita w/Flour Tortilla Roasted Peppers & Onions Guacamole/Sour Cream/Salsa Rice w/Black Beans Seasonal Fresh Fruit Non-fat & 1% Milk	31 All American Beef Hot Dog Hot Dog Roll Toppings: Onions/Relish/Cheese Sauce Chili con Carne Lattice Fries Greens Salad Bar Soup of the Day Whole Fresh Fruit Non-fat & 1% Milk

This institution is an equal opportunity provider.

Water is available at every meal.