

The Renaissance Charter School

December 2022 Pre-K and Grades 1 – 3 Classroom Menu

Meal Includes: Meat/Meal Alternate, Grains, Fruit and Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Hamburger/Cheese or Veggie Burger on a Roll Curley Fries Mixed Vegetables Fresh Fruit Non-fat & 1% Milk	2 Cheese or Pepperoni Pizza Yellow Corn Tossed Salad w/Dressing Fresh Fruit Non-fat & 1% Milk
5 Beef Hot Dog on a Roll – cut up Vegetarian Beans Cole Slaw Fresh Fruit Non-fat & 1% Milk	6 Pasta w/Sauce Beef Meatballs Green Peas String Cheese Stick Fresh Fruit Non-fat & 1% Milk	7 Popcorn Chicken Jasmin Rice Broccoli Florets Fresh Fruit Non-fat & 1% Milk	8 Chicken Tenders w/Waffle Oven fries Fresh Fruit Non-fat & 1% Milk	9 Cheese or Pepperoni Pizza Mixed Vegetables Tossed Salad w/Dressing Fresh Fruit Non-fat & 1% Milk
12 Grilled Cheese Sandwich on W.W. Bread Oven Fries Cucumber Sticks Fresh Fruit Non-fat & 1% Milk	13 Chicken Guisado (Chicken Stew) Mixed Vegetables Tossed Green Salad Fresh Fruit Non-fat & 1% Milk	14 Chicken Nuggets Oven Fries Fresh Fruit Non-fat & 1% Milk	15 Chicken Sticks Oven Fries W.W. Bread Green Beans Fresh Fruit Non-fat & 1% Milk	16 Cheese or Pepperoni Pizza Yellow Corn Tossed Salad w/Dressing Fresh Fruit Non-fat & 1% Milk
19 Chicken Patty on a Roll Yellow Corn Fresh Fruit Non-fat & 1% Milk	20 Chicken Tenders Rice & Beans Green Beans Fresh Fruit Non-fat & 1% Milk	21 Fish Sticks Spanish-style Rice Vegetarian Beans Fresh Fruit Non-fat & 1% Milk	22 Angel Hair Pasta w/Marinara Sauce Chicken Nuggets Broccoli Florets Fresh Fruit Non-fat & 1% Milk	23 Cheese or Pepperoni Pizza Mixed Vegetables Tossed Salad w/Dressing Fresh Fruit Non-fat & 1% Milk
26 Winter Recess	27 Winter Recess	28 Winter Recess	29 Winter Recess	30 Winter Recess