

The Renaissance Charter School

December 2022

Supper Menu

Meal Includes: Meat/Meal Alternate, Grains, Fruit and Milk

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|---|
| | | | 1 Stuffed Shells w/Marinara Sauce Broccoli Florets Fresh Fruit Non-fat & 1% Milk | 2 Hamburger Macaroni & Cheese Mixed Vegetables Fresh Fruit Non-fat & 1% Milk |
| 5 Chicken Tenders Oven Fries Broccoli Florets W.W. Bread Fresh Fruit Non-fat & 1% Milk | 6 Chicken Strips Over Penne Pasta w/Alfredo Sauce Mixed Vegetables Fresh Fruit Non-fat & 1% Milk | 7 Beef Tacos on a Soft Tortilla Black Beans Mexican Rice Fresh Fruit Non-fat & 1% Milk | 8 Shredded BBQ Chicken Whole Wheat Bun Puzzle Potatoes Carrot Sticks Fresh Fruit Non-fat & 1% Milk | 9 Chicken Patty on a W.W. Roll Lettuce & Tomato Carrot Sticks Fresh Fruit Non-fat & 1% Milk |
| 12 Spaghetti w/Meat Sauce Broccoli Florets Fresh Fruit Non-fat & 1% Milk | 13 Honey-glazed Chicken Legs Rice & Beans Tossed Salad w/Salad Dressing Fresh Fruit Non-fat & 1% Milk | 14 Teriyaki Chicken Jasmin Rice Stir-fry Vegetables Fresh Fruit Non-fat & 1% Milk | 15 Fish Sticks w/Tartar Sauce Puzzle Potatoes Seasoned Corn W.W. Bread Fresh Fruit Non-fat & 1% Milk | 16 Salisbury Steak Mashed Potatoes & Brown Gravy W.W. Bread Carrot Coins Fresh Fruit Non-fat & 1% Milk |
| 19 Hamburger on a Roll Vegetarian Baked Beans Fresh Fruit Non-fat & 1% Milk | 20 Ground Beef, Macaroni & Tomato Casserole Green Beans Fresh Fruit Non-fat & 1% Milk | 21 Jamaican Beef Patty W.W. Roll Oven Fries Mixed Vegetables Fresh Fruit Non-fat & 1% Milk | 22 Hot Dog on a Bun Baked Beans Potato Chips Fresh Fruit Non-fat & 1% Milk | 23 <u>Italian Sub</u> Sliced Turkey Beef Salami Provolone Cheese Lettuce & Tomato W.W. Club Roll Carrot Sticks Dip Fresh Fruit Non-fat & 1% Milk |
| 26 Winter Recess | 27 Winter Recess | 28 Winter Recess | 29 Winter Recess | 30 Winter Recess |