

The Renaissance Charter School

December 2022

Cafeteria Lunch Menu

Meal Includes: Meat/Meal Alternate, Grains, Fruit and Milk



Have a great day!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Beef Hamburger/Cheese Burger/Veggie Burger on a Roll Curley Fries Mixed Vegetables Fresh Fruit Non-fat & 1% Milk	2 Chicken Wings Curley Fries Carrot Sticks w/Ranch Dip W.W. Bread Fresh Fruit Non-fat & 1% Milk
5 Hot Dog on a Bun Cole Slaw Vegetarian Beans Fresh Fruit Non-fat & 1% Milk	6 Pasta w/Sauce Beef Meatballs Green Peas Fresh Fruit Non-fat & 1% Milk	7 Chicken Teriyaki Jasmin Rice Broccoli Florets Fresh Fruit Non-fat & 1% Milk	8 Oven Fried Chicken & Waffles Oven Fries Fresh Fruit Non-fat & 1% Milk	9 Cheese Pizza or Meat-lovers Pizza Mixed Vegetables Tossed Green Salad w/Salad Dressing Fresh Fruit Non-fat & 1% Milk
12 Grilled Cheese on W.W. Bread Tomato Soup Cucumber Sticks Fresh Fruit Non-fat & 1% Milk	13 Chicken Guisado (Chicken Stew) Mixed Vegetables Tossed Green Salad Fresh Fruit Non-fat & 1% Milk	14 Chicken Cheese Steak Sandwich on a Sub Roll Oven Fries Fresh Fruit Non-fat & 1% Milk	15 Jamaican Beef Patties & Roll Carrot Sticks w/Dip Fresh Fruit Non-fat & 1% Milk	16 Beef Nachos & Corn Tortilla Chips w/Seasoned Beef Cheese, Salsa & Black Beans Yellow Corn Fresh Fruit Non-fat & 1% Milk
19 Chicken Patty on a Roll w/Lettuce & Tomato Yellow Corn Fresh Fruit Non-fat & 1% Milk	20 Honey-glazed Chicken Legs Rice & Beans Green Beans Fresh Fruit Non-fat & 1% Milk	21 Chicken & Cheese Quesadillas Vegetarian Beans Spanish-style Rice Fresh Fruit Non-fat & 1% Milk	22 Chicken Parmesan w/Marina Sauce Angel Hair Pasta Broccoli Florets Fresh Fruit Non-fat & 1% Milk	23 Cheese Pizza or Pepperoni Pizza Mixed Vegetables Tossed Green Salad w/Salad Dressing Fresh Fruit Non-fat & 1% Milk
26 Winter Recess	27 Winter Recess	28 Winter Recess	29 Winter Recess	30 Winter Recess

This institution is an equal opportunity provider.

Water is available at every meal.