






























LUNCH MENU

FROM MONDAY, MARCH 3, 2025 TO FRIDAY, MARCH 7, 2025

	MONDAY March 3	TUESDAY March 4	WEDNESDAY March 5	THURSDAY March 6
MAIN ENTRÉE	 Mac & Cheese  	Mardi Gras Meal: Blackened Chicken & Yellow Rice	 Brunch For Lunch: Pancakes   	Chicken Parmesan Bites with Penne Pasta   
VEGETARIAN ENTRÉE	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   
VEGETABLES	 Steamed Carrots & Peas	 Steamed Corn	 Breakfast Potatoes   Beans	 Steamed Broccoli  Beans
FRUIT	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
MILK	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free









































 Vegetarian  Vegan  Gluten  Egg  Soy  Dairy

We offer Sunflower Butter and Jelly Sandwiches and Cheese Sandwiches on Whole Wheat Bread Daily.
We serve beans weekly, up to 3/4 cup per week.
This institution is an equal opportunity provider.

non-vegetarian

LUNCH MENU

FROM MONDAY, MARCH 10, 2025 TO FRIDAY, MARCH 14, 2025

	MONDAY March 10	TUESDAY March 11	WEDNESDAY March 12	THURSDAY March 13	FRIDAY March 14
MAIN ENTRÉE	 Penne Pasta Marinara with Cheese   	Tex Mex Turkey Meatballs with Yellow Rice    	Beef Burgers  Whole Wheat Buns  	MS + HS Only  Classic Grilled Cheese   	Holi Meal: Indian Style Butter Chicken Over Rice 
VEGETARIAN ENTRÉE	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   
VEGETABLES	 Roasted Carrots	 NEW Creamed Corn 	 Steak Fries   Beans	 Sauteed Spinach  Beans	 Vegetable Medley
FRUIT	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
MILK	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free












































 Vegetarian
  Vegan
 NEW  New
  Gluten
  Egg
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  Dairy

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LUNCH MENU

FROM MONDAY, MARCH 17, 2025 TO FRIDAY, MARCH 21, 2025





































	MONDAY March 17	TUESDAY March 18	WEDNESDAY March 19	THURSDAY March 20	FRIDAY March 21
MAIN ENTRÉE	 Pasta with Creamy Tomato Sauce   	Sweet Carolina BBQ Chicken  Whole Wheat Bread  	 Brunch For Lunch: Pancakes     Chicken Sausage	Beef Hot Dogs  Whole Wheat Buns  	 Cheese Pizza   
VEGETARIAN ENTRÉE	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   
VEGETABLES	 Steamed Peas & Carrots	 Steamed Broccoli	 Breakfast Potatoes   Beans	 Sweet Potato Fries   Beans	 Vegetable Medley
FRUIT	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
MILK	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free

 Vegetarian  Vegan  Gluten  Egg  Soy  Dairy

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LUNCH MENU

FROM MONDAY, MARCH 24, 2025 TO FRIDAY, MARCH 28, 2025

	MONDAY March 24	TUESDAY March 25	WEDNESDAY March 26	THURSDAY March 27	FRIDAY March 28
MAIN ENTRÉE	 Baked Ziti  	 Chicken Tenders  	 NEW Turkey Sloppy Joes	 Teriyaki Turkey Meatball Lo Mein    	 NEW Eid Al Fitr Meal: Chicken Shish Kabob Over Rice
VEGETARIAN ENTRÉE	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   	Sunflower Butter & Jelly Sandwiches + Cheese Sandwiches   
VEGETABLES	 Roasted Carrots	 Steamed Broccoli	 French Fries   Beans	 Steamed Green Beans  Beans	 Vegetable Medley
FRUIT	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
MILK	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free

 Vegetarian  Vegan  New  Gluten  Egg  Soy  Dairy

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