



FROM MONDAY, DECEMBER 16, 2024 TO FRIDAY, DECEMBER 20, 2024

	MONDAY December 16	TUESDAY December 17	WEDNESDAY December 18	THURSDAY December 19	FRIDAY December 20
MAIN ENTRÉE	Arroz Con Pollo Cheese Tortellini in Oliv	Cheese Tortellini in Olive	✓ Waffles § ⑥ Ø ☐	Herb Chicken	Ravioli Pomodoro with Cheese
			Chicken Sausage	√ Whole Wheat Bread § 8	
VEGETABLES % C	√ Steamed Corn	✓ Steamed Peas	✓ Vegetable Medley	✓ Sauteed Spinach	✓ Roasted Carrots
FRUIT	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
MILK 1C	Low-fat & Fat-free 🗓	Low-fat & Fat-free 👨	Low-fat & Fat-free 🗓	Low-fat & Fat-free 👨	Low-fat & Fat-free 🗍

✓ Vegetarian ✓ Vegan ¥ Gluten ⑥ Egg ℰ Soy ↑ Dairy





FROM MONDAY, JANUARY 6, 2025 TO FRIDAY, JANUARY 10, 2025

	MONDAY January 6	TUESDAY January 7	WEDNESDAY January 8	THURSDAY January 9	FRIDAY January 10
MAIN ENTRÉE	Arroz Con Pollo	Cheese Tortellini in Olive Oil (Ravioli Marinara with	Herb Turkey Meatballs	
			Chicken Sausage	Cheese 🕴 🌑 🚱 📋	with Egg Noodles
VEGETABLES	✓ Roasted Carrots	√ Steamed Broccoli	✓ Roasted Potatoes	V Sauteed Spinach	√ Steamed Peas
FRUIT	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
MILK	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free

✓ Vegetarian ✓ Vegan ¥ Gluten ⑥ Egg ℰ Soy ↑ Dairy





FROM MONDAY, JANUARY 13, 2025 TO FRIDAY, JANUARY 17, 2025

	MONDAY January 13	TUESDAY January 14	WEDNESDAY January 15	THURSDAY January 16	FRIDAY January 17
MAIN ENTRÉE	Pancakes ♥	Cheese Tortellini in Olive	Herb Chicken Drumsticks ✓ Whole Wheat Bread ✓ Ø	Ravioli Marinara with Cheese	Pasta with Herb Turkey Meatballs 🖁 🔊 💆 🗓
VEGETABLES	✓ Roasted Potatoes	✓ Steamed Peas	✓ Roasted Carrots	√ Steamed Green Beans	√ Steamed Peas
FRUIT	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
MILK	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free

✓ Vegetarian ✓ Vegan ¥ Gluten ⑥ Egg ℰ Soy ↑ Dairy





FROM TUESDAY, JANUARY 21, 2025 TO FRIDAY, JANUARY 24, 2025

	TUESDAY January 21	WEDNESDAY January 22	THURSDAY January 23	FRIDAY January 24
MAIN ENTRÉE	Cheese Tortellini in Olive Oil	Herb Chicken Drumsticks ✓ Whole Wheat Bread ✓ Ø	Rovioli Marinara with Cheese	Pasta with Herb Turkey Meatballs
VEGETABLES	√ Steamed Green Beans	√ Roasted Potatoes	Broccoli	✓ Steamed Peas
FRUIT	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
MILK	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free	Low-fat & Fat-free

✓ Vegetarian ✓ Vegan ¥ Gluten ⑥ Egg ℰ Soy ↑ Dairy