















SUPPER MENU

FROM MONDAY, NOVEMBER 4, 2024 TO FRIDAY, NOVEMBER 8, 2024










	MONDAY November 4	WEDNESDAY November 6	THURSDAY November 7	FRIDAY November 8
MAIN ENTRÉE	Arroz Con Pollo	 Waffles    	Herb Chicken	 Ravioli Pomodoro with Cheese    
		Turkey Bacon	 Whole Wheat Bread  	
VEGETABLES ¾ C	 Roasted Carrots	 Roasted Plantains	 Sautéed Spinach	 Steamed Peas
FRUIT	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
MILK 1 C	Low-fat & Fat-free 	Low-fat & Fat-free 	Low-fat & Fat-free 	Low-fat & Fat-free 

 Vegetarian  Vegan  Gluten  Egg  Soy  Dairy

We offer Sunflower Butter and Jelly Sandwiches and Cheese Sandwiches on Whole Wheat Bread Daily.
This institution is an equal opportunity provider.

SUPPER MENU

FROM MONDAY, NOVEMBER 11, 2024 TO FRIDAY, NOVEMBER 15, 2024





























	TUESDAY November 12	WEDNESDAY November 13	FRIDAY November 15
MAIN ENTRÉE	Mild Buffalo Turkey Meatballs & Rice 	Ravioli Pomodoro with Cheese 	Tortellini with Olive Oil 
VEGETABLES ¾ C	 Sautéed Spinach	 Steamed Green Beans	 Rice & Lentils
FRUIT	Fresh fruit	Fresh fruit	Fresh fruit
MILK 1 C	Low-fat & Fat-free 	Low-fat & Fat-free 	Low-fat & Fat-free 

 Vegetarian  Vegan  Gluten  Egg  Soy  Dairy

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SUPPER MENU

FROM MONDAY, NOVEMBER 18, 2024 TO FRIDAY, NOVEMBER 22, 2024















	MONDAY November 18	TUESDAY November 19	WEDNESDAY November 20	THURSDAY November 21	FRIDAY November 22
MAIN ENTRÉE	Arroz Con Pollo	 Cheese Tortellini in Olive Oil    	 Waffles    	Herb Chicken	 Ravioli Pomodoro with Cheese    
			Turkey Bacon	 Whole Wheat Bread  	
VEGETABLES ¾ C	 Roasted Plantains	 Steamed Broccoli	 Steamed Green Beans	 Steamed Green Beans	 Steamed Peas
FRUIT	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
MILK 1 C	Low-fat & Fat-free 	Low-fat & Fat-free 	Low-fat & Fat-free 	Low-fat & Fat-free 	Low-fat & Fat-free 

 Vegetarian  Vegan  Gluten  Egg  Soy  Dairy

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SUPPER MENU

FROM MONDAY, NOVEMBER 25, 2024 TO FRIDAY, NOVEMBER 29, 2024























	MONDAY November 25	TUESDAY November 26
MAIN ENTRÉE	Pancakes      Turkey Bacon	Cheese Tortellini in Olive Oil     
VEGETABLES	 Roasted Carrots	 Sautéed Spinach
FRUIT	Fresh fruit	Fresh fruit
MILK 1 C	Low-fat & Fat-free 	Low-fat & Fat-free 

 Vegetarian  Vegan  Gluten  Egg  Soy  Dairy

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SUPPER MENU

FROM MONDAY, DECEMBER 2, 2024 TO FRIDAY, DECEMBER 6, 2024

	MONDAY December 2	TUESDAY December 3	WEDNESDAY December 4	FRIDAY December 6
MAIN ENTRÉE	Arroz Con Pollo	 Cheese Tortellini in Olive Oil    	 Waffles     Turkey Bacon	Herb Turkey Meatballs with Egg Noodles    
VEGETABLES ¾ C	 Steamed Corn	 Sautéed Spinach	 Steamed Green Beans	 Roasted Plantains
FRUIT	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
MILK 1 C	Low-fat & Fat-free 	Low-fat & Fat-free 	Low-fat & Fat-free 	Low-fat & Fat-free 

 Vegetarian  Vegan  Gluten  Egg  Soy  Dairy

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