# Breakfast Menu

**Meal Includes:** Meat/Meal Alternate, Grains, Fruit and Milk

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**MONDAY**

| 3 | Waffles w/Syrup  
Sausage Link  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |
| 4 | Egg Patty  
Hash Browns  
Turkey Sausage  
W. W. Toast  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |
| 5 | Corn Muffin  
String Cheese Stick  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |
| 6 | French Toast Sticks w/Syrup  
Sausage Link  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |
| 7 | Blueberry Muffin  
Flavored Yogurt  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |

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**TUESDAY**

| 8 | Yogurt Parfait w/Greek Yogurt.  
Fresh Berries, Honey & Granola  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |
| 9 | Plain Bagel w/Cream Cheese and Jelly  
Flavored Yogurt  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |
| 10 | Breakfast Burritos w/Turkey Sausage in a W.W. Tortilla  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |
| 11 | Apple Cinnamon Muffin  
String Cheese Stick  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |

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**WEDNESDAY**

| 12 | School Closed  
Eid al-Adha |
| 13 | School Closed  
Juneteenth |
| 14 | Yogurt Parfait w/Greek Yogurt.  
Fresh Berries, Honey & Granola  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |
| 15 | Blueberry Muffin  
Flavored Yogurt  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |

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**THURSDAY**

| 16 | School Closed  
Eid al-Adha |
| 17 | School Closed  
Juneteenth |
| 18 | Yogurt Parfait w/Greek Yogurt.  
Fresh Berries, Honey & Granola  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |
| 19 | Blueberry Muffin  
Flavored Yogurt  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |

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**FRIDAY**

| 20 | School Closed  
Eid al-Adha |
| 21 | School Closed  
Juneteenth |
| 22 | Yogurt Parfait w/Greek Yogurt.  
Fresh Berries, Honey & Granola  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |
| 23 | Blueberry Muffin  
Flavored Yogurt  
Fresh Fruit  
1% Milk  
Non-Fat Milk  
Assorted Cold Cereal |

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_This institution is an equal opportunity provider._

_Water is available at every meal._

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_images: 
**Image 1:** Breakfaast menu. 
**Image 2:** Have a great day!